

AIR GUARDIAN

176th Wing • Alaska Air National Guard

Campbell receives 2nd star in Juneau

Alaska National Guard's Adjutant General is promoted by Gov. Murkowski

By Maj. Michael Haller
DMVA Public Affairs

Governor Frank Murkowski promoted Craig Campbell to the rank of major general on April 30 during a ceremony at the State Office Building in Juneau.

Campbell, who serves as Adjutant General of the Alaska National Guard, is the Commissioner for the Alaska Department of Military and Veterans Affairs. He is also the senior military advisor to the governor. He directs the activities of nearly 5,000 civilian employees and military members, in 77 communities across the state.

"Less than 17 months ago, it was my personal pleasure to interview Craig Campbell to lead our Department of Military and Veterans Affairs," said Murkowski.

"It was, in many ways, an easy decision to make. I knew he had equal amounts of the right training, the right experiences, and a willingness to do the work necessary to accomplish the many missions of the department."

"I knew we'd need someone to step up to advocate for Alaska's veterans—a person with the vision, principles, and motivation to accomplish the many tasks that have been placed before this department—someone 'Ready to Serve,'" Murkowski added.

The general received his second star under clear blue skies in an outdoor ceremony attended by 38 foreign defense attaches—general officers from countries around the world who were in Alaska as part of a tour of American military installations. Campbell's wife, Anne Marie, and family were also in attendance.

Murkowski noted the DMVA's accomplishments, under Campbell's leadership during the past 17 months, including:

- Reorganizing the Division of Homeland Security and Emergency Management to meet the threats associated with the Global War on Terrorism.
- Expanding communications capabilities of Alaska's emergency responders—police, fire, civil authorities, the Guard,



Maj. Gen. Craig Campbell, Adjutant General for the Alaska National Guard, speaks at his promotion ceremony hosted by Gov. Frank Murkowski (seated) last month in Juneau.

and the rest of the military—across all jurisdictions.

- Deploying more than 1,000 Alaska National Guard soldiers and airmen to missions defending our Nation—to Iraq, Kuwait, Afghanistan, Uzbekistan, Russia, Kosovo, Germany, Turkey, the Philippines, Korea, Thailand, Japan, Guam, India and elsewhere.
- Redefining the Alaska Army National Guard to ensure their relevance, readiness, and reliability.
- Preparing the Alaska Army Guard for taking on the operation of America's Missile Defense Program at Ft. Greely.
- Expanding operations and activities of the Alaska Air National Guard into Space Surveillance at Clear Air Force Station.
- Redirecting the Alaska National Guard into a 'Joint Operations' activity, ensuring best use of soldiers and airmen.
- Seeking new aircraft for search and rescue and support missions for both the Army and Air National Guard.
- Increasing the outreach and impact for Alaska's youths-at-risk through expansion of the Alaska Military Youth Academy into the Interior.
- Becoming the dominant advocate for veterans and their families, including getting the first Veterans Home in Alaska.

Campbell assumes command of 206th

On April 4, Maj. Jeffrey Campbell assumed command of the 206th Combat Communications Squadron for the 176th Wing, Alaska Air National Guard, located at Elmendorf Air Force Base, Alaska.

In this capacity, he leads a diverse group of over 60 full-time and traditional Guard members in the challenging mission of providing crucial telecommunications and information technology services in deployed environments.

Prior to this assignment, Campbell had served as the executive officer for the 206th.

Born in Springfield, Mo., Campbell entered the Air Force in 1992 after being commissioned through ROTC at the University of Kansas, where he was



Col. Thomas Dodds, commander of the 176th Mission Support Group, passes the squadron flag to Maj. Jeffrey Campbell in the assumption of command ceremony held on April 4 for the Wing's 206th Combat Communications Squadron on Elmendorf AFB.

named a distinguished graduate. In October 2002, he joined the Alaska Air National Guard after leaving active duty. His career highlights include flight commander positions in mobile and base communications

units and command of an expeditionary communications squadron in Southwest Asia.

Information for this article was taken from Maj. Campbell's official Air Force biography.

Who do you know?

The 176th Wing needs your help filling over 200 unit vacancies!

- We have a 90% success rate enlisting referrals from Guard members!
- Without your referrals, our recruiters process 30 packages for one successful enlistment.

Who do you know that will enjoy the education, benefits, and pride of serving our state and nation?

**Recruiters: 249-1282
or 800-642-6228**

Do you have news to share?

We welcome articles and captioned photos relevant to members of the 176th Wing. Submissions must be accurate in fact, and will be edited for clarity and length. Articles will be published as space permits. Submissions are due on Sunday of the UTA prior to the month the article will be published.

Submit articles as Microsoft Word attachments via e-mail. Photographs must be 300 dpi TIF or JPG images, also submitted as attachments via e-mail. Please send to:

candis.olmstead@akanch.ang.af.mil

We may be contacted at (907) 249-1342. The office is manned with Traditional Guardsmen, so please leave a message.

The **AIR GUARDIAN** is the official newsletter of the 176th Wing, Alaska Air National Guard. It is published monthly by members of the wing's public affairs office. Views expressed may not be those of the U.S. Air Force, Air National Guard, Department of Defense or U.S. Government.

WING COMMANDER

Brig. Gen. Gene Ramsay

PUBLIC AFFAIRS STAFF

Capt. Candis Olmstead
Staff Sgt. Kathryn Baines
Senior Airman John Callahan
Senior Airman Kimberly Glasco

MULTIMEDIA STAFF

Senior Master Sgt. Paul Charron
Tech. Sgt. Nanette Martinez
Staff Sgt. Shannon Oleson
Staff Sgt. Alan Swircenski
Staff Sgt. Asia Gile
Senior Airman Kitty Greene

Continue to 'gear-up' for the ORI

May drill is the perfect time to take these steps for an outstanding inspection in June

- Make sure your VRED is complete and correct
 - Update or correct it in virtual MPF at www.afpc.randolph.af.mil/vs/ and file it in your personal readiness folder. If you have trouble, stop by MPF Customer Service for assistance.
- Complete any delinquent training required during the May UTA.
- Turn your medical records in at the clinic, and complete any medical or dental requirements.
- The PDF ("mobility line") will be operating under a time crunch, so use the following PDF etiquette:
 - Be patient and follow directions quickly.
 - Ask your questions at the unit pre-assembly, not during the PDF.
 - Delayed processing is driven by unprepared deployers! Be prepared or you will hold up everyone else.
- ORE personal bag and B bag weights averaged 33 pounds a bag
 - This is a huge "flag" to inspectors that individuals are not packing in accordance with guidance.
 - Build your bag as you would for an actual deployment, or it will be inspected.
- Remember the basics:
 - Current ID
 - All required equipment
 - Good attitude and teamwork!

✂ cut and save

ORI ORI ORI ORI ORI

I must know:

- ☑ My UCC ph. # _____
- ☑ Location of my personnel bunker _____
- ☑ Chemical sector I am in _____
- ☑ Air base defense sector I am in _____
- ☑ SALUTE method of reporting
- ☑ Procedures if a UXO is found
- ☑ Duress words and chemical code
- ☑ Sign/countersign word/number
- ☑ Current MOPP level and alarm condition

I must have:

- ☑ Dog tags, ID card, line badge
- ☑ Helmet, canteen, web belt, body armor
- ☑ ATSO guide
- ☑ Simulated M8 paper, M9 tape, M29I decon kit, M295 decon glove, nerve agent injectors and Cypro pills

✂ cut and save

Celebrate "May Month"

with the president's council on physical fitness and sports

What is May Month? It's a celebration of the joy and benefits of the active lifestyle. Since 1983, the nation has observed National Physical Fitness and Sports Month during May.

Proclaiming a special month to promote physical activity and fitness is a way to offer everyone a special incentive to adopt and maintain an active lifestyle for health and greater productivity, as well as happiness and fun. May Month is for organizations in the public and private sector, as well as for individuals, families, employees in the workplace, groups and organizations, and communities.

Why May? Spring is in full bloom—it's nature's time for renewal. Inspired by the season's changes, we too are encouraged to embark on new beginnings. With summer just ahead, fun and new adventures beckon at the beach and in the mountains and forests, at secluded lakes, rivers and streams, and at the pool, the

tennis court, the golf course, the playing field and the track.

All offer physical activity and fitness opportunities. To make the most of the magnificent outdoors and recreation of summer, we need to be ready to take part in the fun.

If you move for thirty minutes a day every day this month, you'll be on your way to an active summer of fun and fitness. Children need to be active for sixty minutes a day—running, skating, climbing, whatever keeps them moving.

In just a few weeks, you can build up to a level of fitness that will let you enjoy hiking, swimming, running, team sports and many other activities this summer.

To help you and your family, group or community commit to a physical activity and fitness program for May Month, the President's Council on Physical Fitness and Sports offers incentives, tips and resources at www.fitness.gov.

Get fit starting now Here's how...

- Be moderately physically active at least thirty minutes a day, five or more days a week.
- Keep a log of your progress in maintaining daily physical activity.
- Continually upgrade your fitness program.
- For added health benefits, do 20 minutes of vigorous physical activity three or more times a week.
- Shift your fitness focus to your health, not just your appearance.
- Maintain proper nutrition.
- Avoid being obsessed with weight as it appears on a scale.
- Play actively with your children every day.
- If you are an older person, or if you are disabled or have a health condition, focus on your individual abilities and work on becoming and staying as physically fit as you can.

Promotions

Colonel

Colleen Hough 176 MDS

Lieutenant Colonel

Dirk Cain 144 AS

Scott Fell 144 AS

Sam Walker 176 ACS

Patty Wilbanks 176 MXS

Major

Mark Mommsen 144 AS

Senior Master Sergeant

Vicente Mandeville 176 APF

Master Sergeant

Brian Anderson 176 ACS

Robert Braley Jr. 176 CES

Dennis Timmons 176 ACS

Technical Sergeant

Matthew Hermes 176 ACS

Donna Keib 176 ACS

Leah Kuipers 176 ACS

Amber Oneal 176 MSF

Staff Sergeant

Victor Pate III 206 CBCS

Joshua Roberts 176 LRS

Joseph Sanger 176 CES

Neil Waltman 176 MXS

Senior Airman

Beau Bellamy 206 CBCS

Jordan Craddick 176 CES

Jessica Lingo 176 APF

Brian Roberts 176 MSX

Matthew Soukup 176 APF

Awards and Decorations

Meritorious Service Medal

MSgt Tony Ashcraft 176 LRS

MSgt Mercedes Beck 176 LRS

MSgt Gary Bivins 176 LRS

MSgt Michael Medeiros 206 CBCS

Air Force Commendation

Capt Candis Olmstead 176 WG

SrA Oliver Andrus Jr. 176 LRS

Air Force Achievement

MSgt Charles Whittaker 176 CF

TSgt John Cleveland 176 LRS

TSgt Jennifer Dooley 176 WG

Outstanding Volunteer Service

MSgt David Matthews JFHQ-AK

SSgt Jenny Hagenseieker JFHQ-AK

Wing member wins first place in national competition



Senior Airman Ryan Audett, a 176 MXS engine mechanic, catches some air as he performs a "Frontside Indy in the Halfpipe" at Alyeska Resort in Girdwood. Alyeska is where he perfected the snowboarding skills that won him "first place overall" in the USA Snowboard Association National Championships in March.

By Capt. Candis Olmstead
Public Affairs

Senior Airman Ryan Audett, a twenty-four-year-old engine mechanic in the 176th Maintenance Squadron, won **First Place Overall** in the USA Snowboard Association National Champi-

onships in March. The competition was in Angel Fire, N.M. and included five categories: giant slalom, slalom, boardercross, slopestyle and halfpipe.

Audett, who grew up ski-racing in Girdwood, transitioned to snowboarding ten years ago, and competed for the first time this year. That is what makes his first place overall win—out of about 1,300 participants—so astonishing.

"I know my ski-racing experience helped in the competition, but it's really just that I snowboarded and had fun...instead of focusing so much on the competing part of it," said Audett, who seemed modestly excited about the win.

Audett, who joined the Alaska Air National Guard less than eighteen months ago, is a full-time student at UAA, with his sights on a degree in computer information systems management.

He and his wife, Crystal, have a four-year-old son, Rydin, and a baby on the way.



Col. Colleen Hough, Commander of the 176th Medical Squadron, speaks to the many supporters who attended her promotion ceremony April 14. Her "eagles" were pinned on by Wing Commander, Brig. Gen. Gene Ramsay and her son, Airman 1st Class Thomas Hough. Col. Hough has 22 years of service.



Chief Master Sergeant Cheryl L. Holt (far right) admires her shadowbox as it is being presented to her by the military personnel flight commander, Maj. Marie Wauters. Holt's retirement ceremony was in February and it is reported that she has been spotted on the beaches of Hawaii for the past several months. The outgoing superintendent of force development for the wing, she served her country from 1980 to 2004.

Join the team to help Special Olympics

Runners, walkers, rollerblades, and strollers are welcome to join this year's Special Olympics Torch Run. It kicks off Saturday, May 15, at West High School at 10:30 a.m. The statewide opening run also bears the distinction of being Armed Forces Day.

All participants with a minimum donation of \$25 will receive a T-Shirt. Participants are encouraged to obtain



pledges to maximize their contribution to Special Olympics Alaska.

Contact Chief Master Sgt. Bruce Erb for more information at 249-1607.

Pledge sheets are available at the Special Olympics office located at 3200 Mountain View Drive. They can be reached at 222-7625.

Bobsledders wanted

The United States Bobsled and Skeleton Federation is looking for people interested in becoming bobsledders and skeleton athletes for future US teams. A training camp is in Lake Placid, NY, from July 19-26. Contact Sergeant Tuffy Latour at 1-800-BOBSLED or visit the website at www.USBSF.com for more information.

What's for lunch?

Saturday

Beef fajitas
Cheese enchiladas
Spanish rice
Refried beans with cheese
Mexican corn
Stewed tomatoes
Tortilla soup
Various desserts
Salad bar

Sunday

Chicken tetrazzini
Pork-a-dobo
Rice
Noodles
Green beans
Summer squash
Vegetable soup
Various desserts
Salad bar

You are invited to MSgt Charles "Charlie" Brenton's Retirement Party

Celebrating 39 Years of Service

Tuesday, June 29th, 2004

6 p.m. to 11 p.m.

At the Hilton Anchorage Hotel
Hors d'oeuvres Reception 6:30-7:30,
Cash Bar, Presentation of Awards,
Dessert and Dancing

\$25.00/ticket. Call Tammy Lindemuth at
277-3074 for tickets and to RSVP.
You must RSVP by June 22, 2004.

Kulis entrance under construction

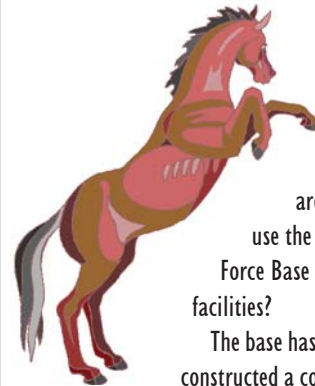


As the weather has improved, the next Alaskan season (construction) has resumed. Please be aware that upgrades to the Kulis front entrance are still in progress. With safety in mind, be on alert for periodic changes in traffic patterns and sign postings.



**You
should
Know...**

Do you have a horse?



Did you know that AGR (full-time active) members are eligible to use the Elmendorf Air Force Base stable facilities?

The base has recently constructed a completely new, modern stable facility for privately owned horses, located next to the Hillberg Ski Recreational Area. The facility has 18 stalls with paddocks, hay and grain storage, secure tack room, hot-walker, pastures and endless trails. Also, Western and English-class shows are held occasionally during the summer months. For more information, call Leah at 333-7515. You can also call Kim Welborn (210 RQS Family Support Representative) at 522-1339 for more information.



Duty Calls

Upcoming UTA dates

Month:	UTA:	Pay date:
May	15 - 16	May 26
June	17 - 20	July 1
July	no drill	--n/a--

This crew has history



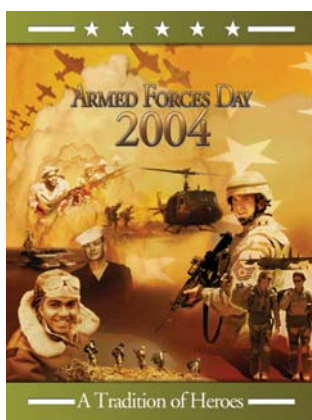
Senior Master Sgt. Paul Charron

C-130 crew members from the 144th Airlift Squadron, Alaska Air National Guard, gather for a photo prior to a mission in Hilo, Hawaii. This very senior crew represents an average age of 50 years old; more than 34,800 hours of military flying time, and nearly 195 years of military service. This mission was also billed as 176th Operations Group Commander Col. Jim Robinson's "Fini Trip," being his last TDY as a C-130 crew member before transferring to Joint Forces Headquarters, Alaska National Guard. (The crew from left: Master Sgt. Terry Pallas, load master; Chief Master Sgt. Gary Lanham, load master; Col. James Robinson, pilot; Col. Alan Barber, navigator; Senior Master Sgt. Ellen Lawson, crew chief; Chief Master Sgt. George Gurke, flight engineer; and Lt. Col. Ty Lee, co-pilot).

Celebrate!

Armed Forces Day, May 15, 2004

On August 31, 1949, Secretary of Defense Louis Johnson announced the creation of an Armed Forces Day to replace separate Army, Navy and Air Force Days. The single-day celebration, third Saturday in May, was a result of the unification of the Armed Forces under one department — the Department of Defense.



Disney World savings

More military members and their families can exclaim "I'm going to Disney World," thanks to the recent expansion of Shades of Green Armed Forces Recreation Center on Walt Disney World Resort.

Shades of Green is reserved for active duty and retired members of the uniformed services, Reserves and National Guard, as well as active and retired Department of Defense civilians and their families.

Affordability, a term often lost on vacationers, is the main attraction to Shades of Green. Room rates are based on rank and range from \$70 to \$225 per night.

The more junior enlisted you are, the better your savings.

For room reservations at Shades of Green, call 888-593-2242 or 407-824-3400. An online reservation system will be available soon.



176th Wing

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